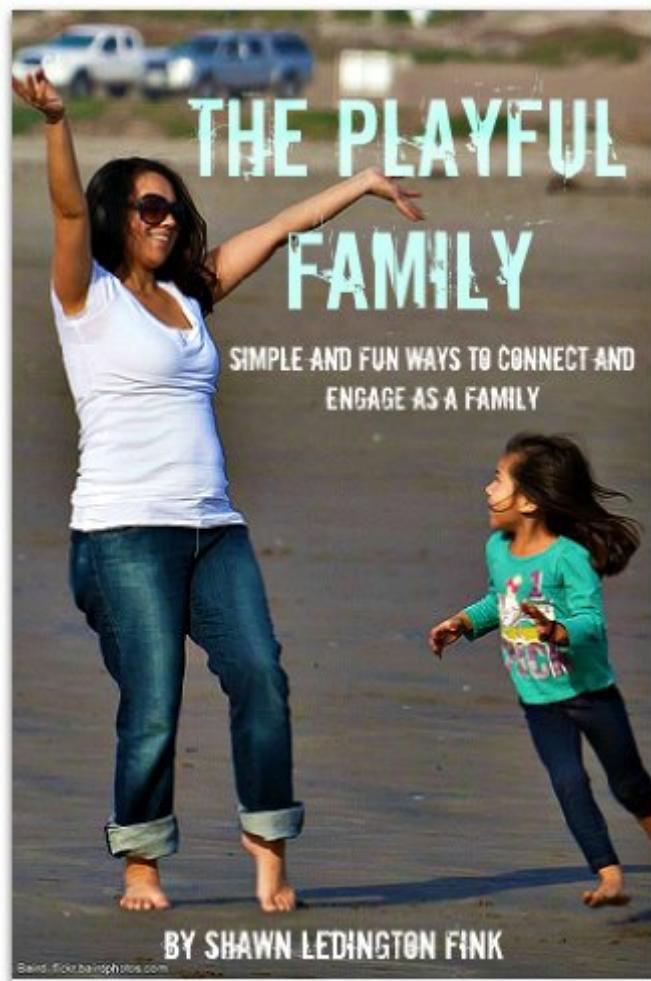


The book was found

The Playful Family



Synopsis

The Playful Family encourages and challenges parents to slow down and spend quality time together with their children, regardless of their age. With nearly 100 ways to connect, engage and play together this easy-to-read e-book is a must-have resource for any parent interested in becoming more playful and happy while raising children. Each chapter includes dozens of ideas as well as a challenge to motivate families to put the ideas to work in real life. Ideas included in the book include writing a family manifesto, saying yes more and how to have more fun, happy days together.

Book Information

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Customer Reviews

I think we are a pretty fun family already, but I enjoyed this collection of good ideas and tips to make time for play EVERY day!

This is a simple tool to make feasible, meaningful changes towards a life with more family harmony. Parenting is our most important job, no matter what your career is! This guide is a quick read, filled with gems of insight, simple "challenges" to help spur some positive action, and lists of practical,

wonderful ideas to try out. Read it! It just takes a few minutes, and it could change things dramatically!

Wow! This book was super short, but powerful. Took about 30 minutes for me to read cover-to-cover, but I felt inspired. I love my kids, but I am guilty of saying 'no' to avoid the clean-up. Thank you for the reminder to say 'yes to the mess' and turn off the electronics. The kids are only young once. If you struggle with family time and making time for the kids or if you just want to be a better parent, this book is for you. A great reminder for all parents.

What I really liked about this book is that it kind of gives us permission to do those things we want to do but feel that we have to be more grown up. I've actually included some of the play ideas on my daily to-do list so I can really make a point to do them as well as understand that are as important, if not more so, than anything else on my list. 4 kids mean a lot of play:)

This quick and easy read is full of wonderful reminders and specific examples to make being a parent more enjoyable. Filled with great suggestions you can use immediately and written in a way that busy moms (and dads) can easily read, even with all the interruptions of young children!

We get so involved in our day to day lives that we forget to play. Sean does a great job of showing how to bring the playfulness back and in turn reduce family stress. I am a huge fan of Sean and even subscribe to her blog. Love this book and love Shawn!!

This book is great because it gives you ideas that are realistic and are very achievable in your everyday life. I finished this book feeling inspired by the authors words.

Great book which was such an easy read. It gave me many ideas and things I want to try and really put some thought into. I would recommend this to anyone who has kids.

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